





SCARE

Your essential daily news | TUESDAY, SEPTEMBER 13, 2016

High 28°C/Low 18°C Sunny

So, you smoked a joint. Now your dream of going to the States has goneupin smoke.

What's a Canadian to do? **This immigration** lawyer has some advice

metroNEWS



Trucker's view sparks biker backlash

Comments made after cyclist hit, killed by truck



Disgusting. Ignorant. Bizarre. The Twitterverse had many harsh words for Ottawa truck

suggested on CBC Radio's Ottawa Morning program that it's "illogical" that bikes are considered equal to trucks on the road.

But Barr insisted his comments were well-intentioned.

"It was just to stimulate and spark conversation," Barr, who heads the Greater Ottawa Truckers Association, told Metro.

That it did.

Cyclists lambasted Barr's

linson dump truck shouldn't face such "heavy" charges criminal negligence and dangerous driving causing death after 23-year-old cyclist Nusrat Jahan was crushed under his right-turning vehicle Sept. 1. Barr called the collision a "mistake" and the charges "devastating for the industry."

And he was widely criticized for suggesting cyclists should stop 90 metres back from certain designated intersections to give turning trucks the right of way.

Advocates were especially unimpressed with Barr's notion that trucks deserve priority because they help drive the economy.

"We #ottbike don't want to be relegated to second or third class either, but we are. Everyday," tweeted Brendan OhUiginn.

Barr said his comments came from a desire to "get everybody home safe and sound."

His association wants a voice, he said, in how to make sharing the road a safer proposition, particularly since "the tie goes to the biggest vehicle" in a collision.

He lamented his exclusion from a meeting with Mayor Jim Watson last week that brought cycling advocates, city staff and police together.

"We're a vital part of the community," Barr said. "We're not going away, they're not going away, so let's sit down."

Barr said he's open to change.

He supported calls for mandatory side guards for heavy trucks despite seeing "pros and cons" for the protective gear, although he stressed it should be applied nationally so Quebec truckers don't get an advantage over Ontario.

Barr also supported calls for convex mirrors posted at intersections, something a city-led working group is considering for Laurier.

Your essential daily news

Japanese official draws ire for piggyback ride over puddle in town devastated by storm. **World**



Members of the Liberal government look toward some newly uncovered details on the ceiling of the Ontario Legislature following the speech from the throne, opening the second session of the 41st Parliament of Ontario, in **Toronto on** Monday.

PETER POWER/THE

Ontarians getting hydro relief

THRONE SPEECH

Province says it will remove its 8% share of **HST from bills**

Ontario consumers will get some relief from skyrocketing electricity rates under a Liberal government initiative to remove the provincial portion of the harmonized sales tax from hydro bills, which the Opposition calls a Band-Aid solution.

The Liberals announced the plan in Monday's throne speech opening the fall session of the legislature, saying Ontario's

eight-per-cent slice of the HST would be taken off hydro bills starting in January, and promising additional relief for rural ratepayers.

"It's important to recognize that we're doing something for our remote, rural and northern customers as well," said Energy Minister Glenn Thibeault.

The HST reduction, which would cost taxpayers \$1 billion a year, is expected to save the typical Ontario household about \$130 a year, and the government projects additional savings of about \$540 a year for rural electricity customers.

Just nine months ago Ontario scrapped the Clean Energy Benefit, which provided a 10-per-cent reduction on all parts of electricity bills, including the HST. That program also saved ratepayers just over \$130 a year, and also cost about \$1 billion annually.

The Canadian Taxpayers Federation said Premier Kathleen

"Six years later the premier says she'll rebate the HST, but people have to wait four more months," said Horwath. "That raises a lot of questions about how long this rebate's going to last and how it will work.'

We're doing something for our remote, rural and northern customers. Glenn Thibeault

Wynne was basically trying to bribe Ontarians with their own money, and called it a "cynical" move.

NDP Leader Andrea Horwath said it was the Liberals who put the HST on electricity bills in

The government said there is no end date for the HST cut on electricity bills. Cancelling the program in the future would require passing legislation.

Progressive Conservative Leader Patrick Brown called the tax cut "merely a Band-Aid solution."

"When this government loses a third consecutive by election in a riding that was a Liberal fortress held for over 20 years, now (rising electricity rates) is a crisis," he said. "The problems of everyday Ontarians are never a problem until it's Premier (Kathleen) Wynne's problem."

Other initiatives in the speech included a plan to create an additional 100,000 licensed child care spaces for kids aged four and under over five years, starting in 2017.

"We're setting aside between \$600 to \$750 million in terms of operating costs, and \$1 to \$3 billion in capital funds to make sure we deliver on our promise," said Indira Naidoo-Harris, the associate minister of education.

The throne speech was triggered by Wynne's surprise move last week to prorogue the legislature, saying the government wanted to reset its priorities halfway through its mandate - with the next election less than two years away.

The throne speech also repeated the Liberals' plan to introduce a cap-and-trade system in January, which the government predicts will add about \$5 a month to home heating bills and about four-cents-alitre to the price of gasoline. THE CANADIAN PRESS

Wine and Food Festival moving to EY Centre after legal spat



So much for an existential crisis. The Ottawa Wine and Food Festival is heading to the EY Centre after a legal spat led to its ouster from the Shaw Centre downtown last year.

Festival producer Joan Cul-

liton fought hard to keep her festival in the core — claiming an "existential crisis" for the event if it had to move but is now singing the praises of the new venue 15 kilometres from the downtown core.

"The EY Centre is the largest facility in the city and the newest," she said, noting the larger, one-storey space is "ground zero" for the festival to reinvent itself.

The 31-year-old festival was forced to find a new home for 2016 after a judge disagreed the Shaw Centre was obligated to reserve its traditional November dates until 2020.

Earlier this winter, the Shaw Centre filed a lawsuit for \$156,000 claiming outstanding venue fees and problems with drunkenness, over-pouring and peeing on the floor at the 2015

Festival organizers filed a counter-claim for nearly \$10 million in damages.

A trial date to hear both claims will be set in January.

But Culliton no longer seems convinced downtown is best.

Only 16 per cent of their 20,000 annual guests actually live downtown, she argued.

"For a lot of people, the EY

Centre will be closer for them," Culliton said.

And parking rates are better, she added.

While the suburban location is not nearly as well served by transit as the downtown venue, Culliton said the festival's clientele tend not to take the bus to the event, anyway. She didn't have a breakdown of transportation trends, but said event parking has dropped by about 80 per cent over the past three years. She suggested many visitors use a car service or taxi to get there.

There's certainly lots to draw them south, she said.

New workshops will immerse guests in "the culture of food" with grape-stomping, a 5,500-square foot vault full of one-of-a-kind cheeses, and macaroon-making classes.

City's complainers shifting f

NEIGHBOURHOODS

Report shows more calls on signs, zones and licensing



Emma Jackson Metro | Ottawa

We're complaining as much as ever, just about different

2015 annual report shows spikes in calls about licensing, signs and zoning, while animal and noise complaints have dropped steeply over the past five years.

Bylaw chief Roger Chapman said the reduced noise is thanks to being proactive in student-dense neighbour-

"We were able to raise some awareness around the importance of being a good neighbour," Chapman said.

Working with the colleges The bylaw department's and universities and com-

We were able to raise some awareness around the importance of being a good neighbour.

Roger Chapman

munity groups such as Action Sandy Hill, students now get a welcome package in September explaining their rights and responsibilities as a tenant.

Ottawa's not the only city to do this; Oshawa and London, Ont. both take similar approaches, Chapman said. It's helped keep the department's limited resources in check.

"By investing in prevention we reduce demand on enforcement," said Chapman,

Complainers are pretty consistent overall: there was only a one per cent increase in calls to the bylaw department in 2015.

But the type of complaints shifted.

Graffiti complaints dropped 39 per cent over 2014, while calls about fences and curbside garbage pickup fell 32 and 28 per cent respectively.

But licensing saw a huge spike of 127 per cent, increasing from 519 complaints in 2014 to 1,229. Part of that was thanks to the arrival of Uber in October 2014.

Taxi drivers and their unions made a point of com-

plaining when they spotted illegal Uber drivers on the streets, and officers laid 168 charges against 75 drivers last year.

Of course, parking is consistently a favourite target. Residents called more than 30,000 times in 2015 to complain about illegally parked

Combined with the department's routine spot checks, nearly 355,000 parking tickets were issued in 2015, bringing \$19 million in revenue to the city coffers.

BY THE NUMBERS | Top 5 bylaw service requests in 2015

Parking: 30,581 (40%)



Other: 13,733 (18%)

*includes graffiti, parks maintenance, use and care of roads, licensing



Animals: 11,606 (15%)



Noise: 10,481 (14%)



Property standards: 10,241 (13%)



COMPARATIVE DATA ON SERVICE REQUESTS

CATEGORY	2014	2015	% CHANGED
Curbside collection	127	92	-28
Fences	329	223	-32
Graffiti	1,261	766	-39
Licensing	519	1,229	+127
Signs	2,528	2,846	+13

ARKING CKETS:

2014: 350,000 tickets issued

2015: 354,676 tickets issued **Revenue generated:**

2014: \$18 million

2015:

TYPE OF INFRACTION 2014 **2015**

Parking or stopping in a no parking or no stopping zone	70,000	72,946
Parking in a designated zone, such as a loading zone, a police zone, bus zone or tour bus zone:	65,000	65,000
Parking in excess of posted time limits	35,000	40,846
Blocking free access to: sidewalks, crosswalks or intersections, laneways, fire routes, fire hydrants, accessible parking spaces, intersection sightlines or bike lanes	15,000	18,857
Snow-related offences	10,350	12,900



The NCC's 12 potential sites for the new Civic hospital location: 1) Tunney's Pasture - Scott Street; 2) Lincoln Fields - Pinecrest Creek; 3) West Hunt Club Road (north) - Highway 416; 4) West Hunt Club Road (south) - Highway 416; 5) Woodroffe Avenue - West Hunt Club Road; 6) Merivale Road/Woodroffe Avenue corridor; 7) Central Experimental Farm - Baseline Road - Merivale Road; 8) Existing Ottawa Hospital - Civic Campus; 9) Central Experimental Farm - Carling Avenue (west); 10) Central Experimental Farm - Carling Avenue (central); 11) Central Experimental Farm - Carling Avenue (east); and 12) Booth Street complex. COURTESY NATIONAL CAPITAL COMMISSION

Potential sites for hospital unveiled

Locations to be discussed at open house

Evelyn Harford For Metro | Ottawa

The National Capital Commission announced the potential federal sites it will review for the Ottawa Hospital's new Civic campus. The locations under review include 12 locations across the city.

The sites announced include previously discussed sites, including some Experimental Farm locations. But members of the Coalition to Protect the Farm said they're happy the NCC is now considering more locations that don't include the farm they're trying to protect.

"We're really happy that more locations are on the table," said Paul Johanis, a member of the Coalition to Protect the Farm, who represents the

ada's Capital, an organization that works to protect the city's green spaces.

He said now only four out of the 12 sites include the farm instead, of three out of four sites previously considered.

"It's better odds." The NCC's review of the

12 sites will be conducted by an advisory committee on plan-We're really happy that more locations selection criteria for the new ning design and realty (ACPDR) at the request of are on the table. potential sites. Heritage Minis-**Paul Johanis**

ter Melanie Joly. Joly asked the NCC to conduct a review of the potential sites selected by The Ottawa Hospital, and to provide a recommendation and justification for the NCC's preferred site in a letter she sent to the NCC in the spring.
The NCC will assess each site

on a number of criteria including, the site's size, proximity to amenities, distance from other hospitals, emergency access to and air ambulance, proximity to other health facilities, environmental impact, impact on publicly used capital green spaces and recreational pathways as well as the site's integration with transportation networks.

The NCC will consult public sector partners, stakeholders

and the general public on the potential federal sites and draft

An open house to discuss

the potential locations will be held by the NCC on Sept. 22, 2016 at the Canadian War Museum and an online survey will be available on the NCC's website from Sept. 22 to Oct. 6.

The NCC's board of directors will be presented with the review's results at a public meeting on Nov. 23, 2016. The NCC's recommendation will then be submitted to Joly for the government's decision.

FFRES D'EMP

NOUS RECRUTONS!

(Dans le présent document, le genre non marqué s'applique à la fois aux hommes et aux femmes.)

POSTES CLINIQUES

IIN (1) INTERVENANT SCOLAIRE

Contrat de 14 mois — Casselman (C16-15) Horaire: 35 heures par semaine. Salaire annuel de 48,049\$ à 73,078\$.

UN (1) INTERVENANT EN PROTECTION

Poste permanent syndiqué – Rockland (P16-08) Horaire: 35 heures par semaine. Salaire annuel de 48,049\$ à 73,078\$.

UN (1) INTERVENANT EN MILIEU DE VIE

Contrat de 12 mois - Rockland (C16-16) Horaire: 35 heures par semaine. Salaire annuel de 42.185\$ à 68.052\$.

UN (1) AGENT D'INTÉGRATION — PROGRAMME AMIS Contrat de 14 mois – Rockland (C16-17)

Horaire: 35 heures par semaine. Salaire annuel de 44,845\$ à 63,672\$. UN (1) AGENT D'INTÉGRATION — COMMUNAUTAIRE

Contrat indéterminé – Rockland (C16-18)

Horaire: 35 heures par semaine. Salaire annue de 41.572\$ à 58.720\$.

POSTES EN MILIEUX RÉSIDENTIELS

QUATRE (4) AGENTS D'INTÉGRATION - FOYER DE GROUPE

Contrats de 14 mois - Hawkesbury & Rockland (C16-19) Postes permanents syndiqués – Hawkesbury & Rockland (P16-09) Horaire: 38 heures par semaine. Salaire annuel de 41,465\$ à 51,951\$.

Valoris QUATRE (4) AGENTS D'INTÉGRATION - PRÉPOSÉ AUX SOINS

Postes permanents syndiqués - Rockland (P16-10) Contrat de 14 mois - Rockland (C16-20) Horaire: 38 heures par semaine. Salaire annuel de 35,268\$ à 40,282\$.

UN (1) PRÉPOSÉ DE NUIT

Poste permanent syndiqué – Rockland (P16-11) Horaire: 38 heures par semaine. Salaire annuel de 33,055\$ à 38,976\$.

UN (1) AGENT D'INTÉGRATION - ACCOMPAGNATEUR

Poste à temps partiel – Rockland (C16-21) Horaire : Movenne de 24 heures ou moins par semaine. Salaire horaire de 19.11\$ à 21.83\$

TEMPS PARTIEL

Postes permanents syndiqués — Région de Prescott-Russell (P16-12) Horaire: Moyenne de 24 heures ou moins par semaine. Salaire horaire de 16.67\$

POSTES ADMINISTRATIFS

UN (1) CONSEILLER À LA QUALITÉ

Contrat de 14 mois — Plantagenet (C16-22) Horaire: 35 heures par semaine. Salaire annuel de 44.948\$ à 62.585\$.

UN (1) RÉCEPTIONNISTE

 $Poste\ permanent\ syndiqu\'e-Rockland\ (P16-13)$ Horaire: 35 heures par semaine. Salaire annuel de 34,775\$ à 44,714\$.

La détention d'un permis de conduire valide est une exigence de base pour occuper l'ensemble des postes ci-dessus. Pour obtenir de plus amples renseignements sur les offres d'emploi, veuillez consulter notre site internet, www.valorispr.ca. Veuillez acheminer votre demande d'emploi au plus tard le 16 septembre 2016, 16 h, par courriel, à emplois-jobs@valorispr.ca

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MISSION: Rendre service aux gens vulnérables de Prescott-Russell en les soutenant dans leurs familles et en facilitant leur intégration dans la communauté.





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Weeded out at border

TRAVELLING TO U.S.

You can be turned back for marijuana use

Harford For Metro | Ottawa

Some 40 per cent of Canadians have smoked marijuana in their lifetime, according to the most recent Canadian Tobacco, Alcohol and Drugs Survey.

That means that nearly half of all Canadians run the risk getting a lifetime ban from the U.S. if they admit to smoking marijuana, even once, and even as a licensed medical marijuana patient to a U.S. border official.

So, what's a pot-smoking Canadian to do? For Julie Kruger, a U.S. immigration lawyer based out of Buffalo, N.Y., the answer is easy: Lawyer up.

"By admitting that you've smoked marijuana, you've admitted to a something that 'constitutes essential elements of a drug crime," she said. "It's not necessary that you've been convicted of a drug crime (to be denied entry to the U.S."

Kruger added that marijuana use is a health concern for the U.S. immigration and grounds to send you back to Canada.

But with legalization on the horizon in Canada, Eugene Oscapella, an Ottawa lawyer and professor of drug policy at the University of Ottawa, said the two governments should come to an agreement so that a one-time smoke won't bar well-meaning, pot-smoking travellers from entering the U.S.

He said when you look at the fact that more than 40 per cent of Canadians have smoked marijuana, this provision to place lifetime bans on pot smokers has the potential to impact travel, especially for young people.

"The whole thing is, as Ralph Goodale (the Minister of Public Safety and Emergency Preparedness) said, 'It's ridiculous,'" said Oscapella. "But our drug laws have been ridiculous for over a century and this is a good example of how that ridiculousness plays out."



LEGAL ADVICE FOR POT-SMOKERS CROSSING THE U.S. BORDER

DO: Get a lawyer

If you've smoked weed, U.S. immigration lawyer Julie Kruger recommends getting a lawyer to assess your case before you try to enter the U.S. Even medical marijuana patients may be denied

"You want to know what you're getting yourself

into before you get to the border," she said.

If you do get denied entry to the U.S., you can apply for a special waiver to enter the country that costs \$750 (or roughly US\$585).

Keep in mind that these waivers are granted on a discretionary basis and need to be renewed.

DON'T: Lie to a border agent

Honestly is the best policy. especially for those crossing an international border.

It is a crime to lie to a border agent. If you're found to be dishonest, you could be found guilty of "fraud for immigration purpose," which will also get you a lifetime

ban from the U.S., she said.

The question about marijuana use generally comes up in secondary inspection, but it's a question you risk getting asked every single time at every port of entry into the U.S., so be mindful that getting in once doesn't mean you'll get in every

Get in your two cents on city spending



Jackson Metro | Ottawa

Beginning this week, councillors will host regional pre-budget consultations with the public.

Use an online tool to play with their property taxes as they put more or less money into things like roads, libraries and parks.

Kanata and Stittsville residents meet at Kanata Recreation Complex Thursday 7 to 9 p.m.; Cumberland, Innes, Orleans and Beacon Hill-Cyrville wards can join their councillors Saturday at Place D'Orleans mall 10 to 11:30 a.m.; rural south-end residents will gather Oct. 5 in Riverside South, while those from River, Alta Vista and Gloucester-Southgate wards can head to the Jim Durrell Recreation Centre Oct. 6.

West-end residents will meet at the Nepean Sportsplex Oct. 18.

More sessions may be added. For a complete schedule visit

Stabbing victim also suspect

ges against a 19-year-old man who was stabbed during the course of an alleged robbery.

On Sept. 8 at 10:40 p.m., a man approached plainclothes officers who were involved in an unrelated investigation on the 300 block of Murray Street, indicating that someone had stabbed him.

Police got another call a little while later from someone reporting three people stole his wallet at gunpoint. The man whose wallet was stolen told police he stabbed

Police arrested the man who was robbed at the scene over the stabbing. Police interviewed him and later released him without any charges.

The stabbing victim is still in hospital with serious, but non-life threatening injuries.

Police arrested the hospitalized stabbing victim on Friday afternoon.

James Shema of Ottawa has been charged with:

- Robbery;
- Pointing a firearm;

 Carrying a concealed weapon; and possession of a weapon.

He was remanded into custody by telephone on Sept.

Police continue to look for two more suspects. They describe the suspect as black men between the ages of 17

Anyone with information regarding this robbery, or any other robbery, is asked to call the Ottawa police's robbery unit at 613-236-1222, ext. 5116. METRO

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NEWS | Canada Tuesday, September 13, 2016

HMS Terror 'gently slipped' to seabed floor

Second ship from Franklin expedition has been found

The second ship from Sir John Franklin's doomed 19th-century search for the Northwest Passage has been located — right where an Inuit hunter said it would be.

"The ship is in remarkable condition," Adrian Schimnowski of the Arctic Research Foundation, one of the groups involved in the search, said Monday from the research ship that located the HMS Terror.

"It looks like it gently slipped to the seabed floor."

The Terror, one of two British navy vessels sent in 1845 to try to find the Northwest Passage, was discovered Sept. 3 in 24 metres of water in Terror Bay, a small indentation on the coast of King William Island west of the community of Gjoa Haven.

The well-preserved wreck of



A sketch showing the HMS Terror stuck fast in the ice of the Northwest Passage. The sketch was drawn in the diary of Owen Stanley, who sailed on the ill-fated ship a decade prior to the disastrous Franklin Expedition, which saw both the Terror and her sister ship the HMS Erebus lost. TORSTAR NEWS SERVICE

Franklin's other ship, the Erebus, was found in 2014 about 11 metres below the surface in the Queen Maud Gulf, along the central Arctic coastline.

Both were lost with all 129 crew. Their fate has proved one of the Arctic's most enduring mysteries.

Schimnowski said that mystery might have remained if not for a late-night conversation on

one of the search vessels between himself and Sammy Kogvik, an Inuk and Canadian Ranger from Gjoa Haven.

The two were on the bridge of the Martin Bergmann, a research vessel, and Kogvik was telling Schimnowski about the history of the shorelines they were sailing past. He started talking about something he'd seen seven years ago while snowmobiling across

Kogvik recalled how he had looked behind him to check on his hunting partner when he spotted a large pole sticking up out of the ice. The two Inuit stopped and took pictures of what looked like a ship's mast.

But when Kogvik got home to Gjoa Haven, he found he'd dropped his camera and lost

"As soon as he said the story, I knew from his eyes and the way he was speaking that he had something.

The crew searched for more than two hours without success. They decided to give up and head to the nearby community of Cambridge Bay using a different route out of the bay than they had entered with.

"Within 15 minutes of starting again, we found an artifact on screen," Schimnowski said. "It looked like the cross-section of a masted ship.

"It was very exciting ... You have very few experiences like that in a lifetime. We celebrated together." THE CANADIAN PRESS

Royals visiting Canada with children in tow

Royal-watchers' cameras will be snapping on the west coast this fall as Prince George and Princess Charlotte will be joining their parents Prince William and Kate, the Duchess of Cambridge, for a royal visit to Canada.

Prince William and Kate, the Duchess of Cambridge, will bring their children to one of "the most beautiful places in the world," when the royals visit British Columbia and the Yukon from Sept. 24 to Oct. 1, according to a statement on the Royal Family's website.



The Duke and Duchess of Cambridge with their two children. THE CANADIAN PRESS

This is the royal couple's second visit to Canada.

Tootoo allegations but no comment

The Prime Minister's Office is not commenting on allegations about Hunter Tootoo's fall from political grace.

Tootoo, the MP for Nunavut, abruptly quit his post as fisheries minister and left the Liberal caucus in May, saying at the time that he was seeking treatment for alcohol addiction.

But in August, the political rookie said he had been involved in what he called a "consensual but inappropriate" relationship. On Monday, a Globe and Mail report alleged that Tootoo was at the centre of a tangled affair involving a woman and her

The newspaper, citing confidential sources, said Tootoo broke off a relationship with the woman, who was working in his Parliament Hill office, in order to pursue an affair with her mother. TORSTAR NEWS SERVICE



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DONALD TRUMP

Mexican senator's wall funds fightback

A Mexican senator has plans to fight back against Donald Trump's pledge to "make Mexico pay" for a 3,000-km wall along the U.S.-Mexico border.

Although details of Trump's plan for the wall are scarce, the Republican candidate's campaign released a memo in March saying he would "compel Mexico to pay" by cutting off remittances sent over the border by Mexicans living in the U.S.

In response, Sen. Armando Rios Piter, of the opposition Party of the Democratic Revolution, introduced a law in the Mexican Senate last week that would retaliate with an equivalent tax on American people and companies in Mexico. More than one million US citizens live in Mexico.

"All parties in the Senate are in agreement that Mexico needs to stand up for itself and strengthen its relationship with the United States," Rios told the Telegraph. "We want to shut Trump's mouth, which has been spewing this hateful speech."

Moreover, if Trump acts on his threat to unilaterally revoke the North American Free Trade Agreement, the bill proposes to review all 75 treaties Mexico has with its northern neighbour — a move which would threaten the region's security and prosperity. Those treaties include the Treaty of Guadalupe Hidalgo, which set the current border with Texas and ceded California and parts of six other U.S. states to the U.S. in 1848.

The likelihood Trump can actually build the wall is slim. But the fact that he has built much of his campaign around anti-immigrant and anti-Mexican rhetoric has caused a tidal wave of anti-Americanism south of the Rio Grande.

TORSTAR NEWS SERVICE

Clinton's secrecy 'stupid'

U.S. FLECTION

Candidate's penchant for privacy forged decades ago

When Hillary Clinton shuffled and stumbled as she abruptly left the 9-11 memorial at Ground Zero on Sunday, clearly ill, the telltale video was captured by a bystander, not a journalist.

Clinton's aides hadn't told the travelling press pool that she was leaving.

When she was driven home that night, she was not accompanied by the reporters that follow a candidate from door to door. Clinton's aides hadn't allowed them to come along.

In between, her campaign

claimed she had merely "overheated." Only eight hours after the incident, and 48 hours after she saw a doctor, did they admit what appears to be the truth: she has pneumonia.

All together, it was vintage Hillary Clinton. As she has for two decades, the Democratic presidential nominee chose maximum secrecy right up until maximum secrecy was no longer a viable option.

"Antibiotics can take care of pneumonia," David Axelrod, a former top aide to Barack Obama, wrote on Twitter. "What's the cure for an unhealthy penchant for privacy that repeatedly creates unnecessary problems?"

The cure, in part, is running against Donald Trump. Clinton's Republican opponent is in several important ways more opaque than she is.



This one is just a self-inflicted wound. And inexplicable. Kathleen Dolan

But her reflexive bunker mentality led to, and prolonged, her biggest scandal, over her decision to set up a private email server. And it indisputably made her

Sunday incident worse.

"Sheer stupidity," said Kathleen Dolan, chair of political science at the University of Wisconsin-Milwaukee. "This one is just a self-inflicted wound. And in-

People get pneumonia all the time. You say, 'The Secretary was diagnosed with pneumonia, that may require her to change some of her schedule in the next week, just giving you a heads-up.' That's all they had to do. But they didn't. And it was stupid," Dolan said. "And now it's just one more piece of evidence that, 'See, she lies about everything.' And she doesn't lie about everything."

Indeed, independent fact checks show Trump has been far more dishonest during the campaign than Clinton. Trump, unlike Clinton, has refused to release his tax returns. Trump, unlike Clinton, has refused to allow a full-time press pool at all. Trump, unlike Clinton, has blacklisted news outlets from

But voters trust her almost as little as they trust him. In an ABC poll this week, 61 per cent of voters said Clinton was not trustworthy or honest compared

to 64 per cent for Trump.

"The irony is, take the three sort of principals of this race: the ghost of Bill Clinton, Donald Trump and Hillary Clinton. I have no doubt in my mind that Hillary Clinton's probably the more virtuous, more honest human being than either of the two of them," said Gil Troy, author The Age of Clinton. "If you were to do a kind of virtue X-ray, she would win."

In Monday tweets and television interviews, Democrats called on her to be more transparent. There were signs her campaign was listening. In television interviews, a spokesman promised additional medical

But it will take more than a few gestures to change a reputation forged more than two decades ago. TORSTAR NEWS SERVICE



BEIPANJIANG BRIDGE ENGINEERS CLOSE TO

COMPLETING 'WORLD'S HIGHEST BRIDGE'

Chinese engineers reached new heights over the weekend when they linked the two ends of the Beipanjiang Bridge, creating what will be the world's highest bridge when it is completed.

The bridge connects two provinces in China, and soars 565 metres (1,854 feet) above a river in a mountainous region of Guizhou province in the southwest of the

Crews linked the two ends on Saturday, completing the 1,300-metre span, according to CCTV.

The bridge is expected to be open to traffic by the end of 2016, the broadcaster reported. PHOTO: AFP/GETTY IMAGES STORY: TORSTAR NEWS SERVICE

Official blasted for piggyback ride after storm



Shunsuke Mutai is under fire for a piggyback ride to get through a puddle during a visit to a town affected by deadly storms. TWITTER

A Japanese government official is under fire for riding on a colleague's back to get through a big puddle of water during his recent visit to a town devastated by a deadly storm.

Vice Minister of Reconstruction Shunsuke Mutai headed a government team's visit to the northern town of Iwaizumi earlier this month to assess damage from the storm, which killed more than 20 people in the

Mutai, who had forgotten to bring rubber boots, was shown in television footage being carried on the back of another government official wading through the puddle. The scene triggered sharp criticism on social media, with Mutai accused of not taking his job seriously.

The case resurfaced over the weekend when his boss, Reconstruction Minister Masahiro Imamura, visited the region and apologized over the incident.

"When I heard the story, I said what on earth was he doing," Imamura said as he apologized to local residents. He said that Mutai had to rush over to the disaster area and forgot his boots.

On Monday, Chief Cabinet Secretary Yoshihide Suga criticized Mutai for lacking sensitivity. Other politicians from both the ruling party and the opposition also levelled criticism.

'He went there as head of the government investigation team, so naturally he should have brought his rubber boots to begin with," Suga said. "I must say he lacked sensitivity to the residents hit by the disaster and the region, and we should make sure not to repeat the same problem."

Later Monday, Mutai told reporters that what he did was 'inappropriate."

"I deeply regret it," he said. THE ASSOCIATED PRESS

Ceasefire comes into effect for Syria

A ceasefire came into effect in Syria at sunset Monday in the latest attempt led by the United States and Russia to bring some quiet in the 5 1/2-year civil war.

Residents and observers reported quiet in most of the country hours after the truce came into effect, though activists said airstrikes took place on contested areas around the northern city of Aleppo.

But the most powerful rebel groups have shown deep misgivings over the ceasefire deal,

input last weekend in Geneva between the top U.S. and Russian diplomats. Hours after it came into force, a coalition of rebel factions put out a statement that stopped short of committing to the ceasefire, a reflection of their distrust of the government.

The first week of the truce will be crucial. During that time, all fighting between the military of President Bashar Assad and rebels is to stop.

THE ASSOCIATED PRESS

Union scoffs at pot sales idea

CANADA POST

New report suggests post offices be used as storefronts

Could legalizing pot save Canada Post?

Canadians looking to use recreational marijuana could help boost the post office's revenues and be part of the answer to its financial woes, a new report suggests.

"Through its currently unparalleled national delivery network, Canada Post stands to capture a large part of the recreational shipment volume,' says Canada Post in the Digital Age, written by the task force for the Canada Post Corporation review, released Monday.

The 94-page report noted that Canada Post is already the sole agent for delivering medical marijuana across the country, and its more 6,200 post offices and retail outlets could potentially serve as storefronts for weed sales.

An estimated 88 per cent of consumers live within 5 kilo-



Canada Post is already the sole agent for delivering medical marijuana across the country, a new report notes. THE CANADIAN PRESS

metres of a postal outlet.

"We don't know what the details are yet, but we put it on the table," said task force chairperson Francoise Bertrand, estimating that marijuana sales could generate \$10 million to \$20 million a year in delivery fees.

"There's not a huge amount of money.'

Details on whether legal marijuana sales will be regulated federally or provincially are not yet known, but the report said Canada Post is well positioned to benefit from increased distribution revenues,

as it now delivers alcohol for the Liquor Control Board of Ontario (LCBO), under its new online shopping program introduced in July.

A separate marijuana task force, which is examining how pot could be legalized, has highlighted the mail service,

noting it provides "reliable, low-cost delivery to all parts of the country in a discrete manner that does not encourage increased usage."

But the union representing postal workers said delivering pot or selling pot alone is not the answer.

"The idea that selling pot is going to save Canada Post is patently ridiculous," said Mike Palecek, national president of the Canadian Union of Postal Workers.

"The report is rather disappointing as it concludes postal banking is not the best way to go," which the union has been lobbying for.

The report said Canada Post's current business model, which reflects the 20th century, needs to be realigned with the rapidly changing technological realities and the changing postal usage of Canadians.

Even with drastic changes, the report added: "Canada Post will not be positioned to operate in the future on a financially self-sustaining basis over the long term," pointing to the steep drop in letter mail and flyers.

TORSTAR NEWS SERVICE

Pipeline's future cloudy

Doubts are growing over the fate of the Energy East Pipeline after members of the National Energy Board panel examining the project resigned, leaving questions over how the review will proceed.

Analyst Dirk Lever of Alta-Corp Capital in Calgary said Monday the pipeline regulatory process has become so "murky" and "messy" due to political pressure that it's difficult to say whether any pipeline approval can be assured.

"I think everyone just wants to see some clarity on it," he said. "Certainly from industry, they just want to know what they have to do."

NEB spokeswoman Sarah Kiley said Monday a temporary chairperson will select members of the new panel, who will decide whether the review will resume in Montreal from where it left off or start all over. The NEB is still aiming to have a decision on the \$15.7-billion Energy East pipeline project by March 18, 2018, she added. THE CANADIAN PRESS



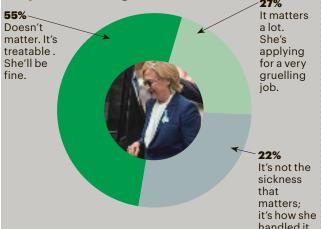
Your essential daily news

Tuesday, September 13, 2016

How healthy are Clinton's prospects?

Hillary Clinton's health was a campaign subplot until it became the main story. Clinton was diagnosed with pneumonia last Friday, but her campaign didn't say anything about it until after the candidate had to leave a 9-11 commemoration ceremony on Sunday. The media certainly thinks this is a pretty big deal, but we wanted to know what our readers

1 What do you make of Hillary Clinton's pneumonia diagnosis?



Will the diagnosis help or hurt her chances?

44% Makes no difference

3% Helps

WE ASKED Metro readers

This is the stupidest thing ever. Any person on earth can easily get pneumonia. Given her history, admitting pneumonia means that things are worse than

At least she has provided legit medical records and tax information.

People should think about what others have accomplished with far more erious illnesses.

I don't believe her or her hired doctor.

The POTUS should be in really top health.

visit metronews.ca

The long persnickety arm of the bylaw



By-Law and Regulatory Services is home of some of the most thankless gigs in the city's workforce.

You don't get a lot of love bestowing parking tickets, stepping into back-fence feuds between neighbours and otherwise taking a compliance tape measure to a touchy citizenry.

And yet we can't seem to get enough. According to By-Law's annual report, which goes to the community and protective services committee Thursday, their staff answered 76,642 calls for service in 2015, a one per cent increase over the year before. They ticketed 354,676 parking infractions, nearly a thousand for every single day of the year, in the process transferring some \$19 million from motorists' wallets to city coffers.

By-Law officers were also the front line troops in the city's rather contradictory reaction to the Uber question, aggressively enforcing the old taxi regulations even as new ones legalizing the ride-sharing service will come into effect at the end of this month. In 2015, they laid 168 charges against 75 drivers, with fines stacking up to about \$47,000.

Animal care and control, business and lottery licensing, tobacco control and smokefree areas, traffic and parking, noise, graffiti, clothing donation boxes, even shopping carts - all fall under their empire of urban quibbles.

If there's anyone regularly grateful for By-Law, it's probably the media, who can rely on the service for a steady supply of tales of alleged bureaucratic overreach, all on an intimate human-interest scale.

Last week, it was the Little Library in front of Mimi Golding's house in Hintonburg. Her borrow-a-book, leave-abook boxes, after a few expansions to meet demand, were deemed to encroach on city property and ordered closed by the power of By-Law.

The irony of such a shutdown while some Hintonburg residents agitate for a bigger library branch is hard to miss.

Our By-Law squad was not, of course, on patrol for rogue bibliophiles. The enforcement, as usual, was touched off by a complaint from persons unknown.

The anonymity of By-Law complainants limits further conflict and tit-for-tat reprisals, but depriving people of the basic natural justice of facing their accuser inevitably creates bad blood — and for certain people, let's face it, it's an open invitation to harassment and score-settling.

By-Law officers, who have to enforce these micro-edicts, are frequently painted as the bad

guys and girls, but they're just doing their appointed rounds in a largely complaint-based system. There's a role for the rest of us in the quality control of those complaints. By-Law is only as persnickety as we

Calling the authorities to formally settle every trivial five-past-eleven noise complaint or dispute over frontlawn aesthetics can be seen as a failure of citizenship, an abdication of responsibility for our own affairs.

If you have an honest difference with a neighbour, why not give some of the city's longest-suffering officials a break and first try going upstairs or next door and talking to them about it yourself?

Steve Collins lives in Ottawa. He might also be the guy behind you on the bus, pretending not to notice you're reading this. Act

International students deserve our embrace

Armine Yalnizyan and Chris Grisdale

For many Canadians, September means back-to-school time. For a growing number of students, it's also welcome-to-Canada time.

International students have become a critical piece of the puzzle for funding higher education. Their enrolment in our post-secondary institutions is accelerating at a far faster pace than that of domestic students. By Dec. 31, 2015, 352,960 international students were registered at schools across Canada. That figure is twice the number enrolled in

A federal report estimated that in 2010, international students spent almost \$8 billion in Canada on tuition, accommodation and other expenses, creating 81,000 jobs and generating \$455 million in tax revenue. Those figures were so impressive that in 2013 the Harper government's Economic Action Plan budgeted \$23 million over two years to market Canadian degrees abroad and recruit students, and added funds to enhance processing capacity.

By all accounts, the marketing ploy was successful. But as the Conservatives opened the floodgates to these temporary entrants, they simultaneously choked off their passage to permanent residency.

That's a maddening waste. Just ask Lucas Alves.

Lucas came to Montreal from Brazil in August 2011 to study French at a language school. His experience led him to want to make his home here. Already fluent in English and Portuguese, Lucas and his family paid \$15,000 a year in tuition for an architectural technician program at George



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Brown College to turn the dream into reality. To cover costs, Lucas worked as a cleaner and in food services.

When Lucas arrived, he had cause to believe he could build his life here as a Canadian citizen. In 2008, Ottawa had created the Canadian Experience Class, providing a pathway to permanent residency to international students with two years of Canadian work experience. International students have been allowed to hold on-campus jobs since 1988, and later allowed to work up to three years anywhere in Canada after graduation. The promise of a chance to study and work your way toward citizenship enticed thousands of young students to come to

But, beginning in 2013, the federal government started delisting some occupations that were previously considered valid Canadian work experience. Suddenly, if your job was in food or retail — the most common jobs for students, international or domestic you were out of luck.

As a result, more of the world's best and brightest are coming to Canada, but fewer can stay, by policy design. Instead of seeing them as Alist candidates for Canadian citizenship, they have become Grade-A cash cows for a chronically underfunded system.

The Liberals should move swiftly to reboot the Experience Class program so international students like Lucas aren't merely welcomed to study and spend in Canada, but welcomed to stay and build their future here.

Armine Yalnizyan is senior economist at the Canadian Centre for Policy Alternatives. Chris Grisdale is an Osgoode Hall Law School graduate.



Philosopher cat now at



Your essential daily news

Comedian Jessica Williams walked runway at politicized Opening Ceremony show at NY Fashion Week

All that glitters is oversold

WELLNESS TRENDS

Crystals heal say believers, but science says otherwise

There's a practice that's become popular among celebrities and regular folks alike: Using crystals like amethysts, emeralds and rose quartz to harness healing power. It's a practice that elicits raised eyebrows and concern in the medical community, as there's no solid research proving crystals work — and even some devotees acknowledge any positive vibes are probably just a placebo effect.

Still, crystals are big business, with celebrities leading the trend. Madonna and Khloe Kardashian swear by them, and Katy Perry reportedly slept with one in her hand after splitting from ex-hubby Russell Brand.

Hipster troubadour Father John Misty is selling some in his merch store — rose quartz earrings for \$45, in case you were wondering — and you can also find them anywhere from local metaphysical shops to Urban Outfitters.

Tiny Devotions, a Canadian company selling meditation necklaces adorned with healing crystals, has sold millions of dollars worth of their mala bead jewelry.

'Our revenue is over seven figures annually," says founder Diana House, over the phone





Sadly, the whole of complementary and alternative medicine can be summed up as 'popular in the face of no evidence'

Christopher French, head of anomalistic psychology research at University of London

After she and her fiancé lost a bidding war, she passed a store showcasing a massive gemstone collection and decided a crystal "good luck charm" could come in handy.

"I don't know if it was the sunstone, but we ended up getting our dream home," she

Borowski thinks it's about visualization, and perhaps a placebo effect. "Somebody could give you a piece of cloth

and say, 'This cloth holds some kind of energy creating properties,' and you would just harness all of your positive energy into that and it would have the same effect," she says.

And there really isn't any concrete research backing up the positive vibes beyond this power of suggestion.

"Sadly, the whole of complementary and alternative medicine can be summed up as 'popular in the face of no evidence," says Christopher French, head of the anomalistic psychology research unit at the Goldsmiths, University of London department of psychology.

French researched healing crystals to figure out why people think they work, and presented his results at a couple of conferences in the early 2000s. In his study, 80 participants were asked to meditate while holding either a real crystal or a fake one they were told was real. Before meditating, half the total number of participants were primed on what types of sensations to expect — things like tingling, heat, a mood boost, and so on.

The result? People who were primed on crystal sensations beforehand reported much stronger sensations than those who weren't. On top of that, there was no major difference in what people felt

while holding real versus fake crystals.

"The results of our study did not come as any great sur-prise," French tells me. "The power of suggestion to affect perception and memory has been demonstrated in literally thousands of well-controlled psychological experiments for many decades."

But if you can think of an issue, fans say there's a crystal for it. Want to bring clarity to your mind? Try selenite. Want to stimulate your immune system? Buy some clear quartz.

This concerns French. "It is sometimes argued that this is acceptable, as if a person feels better after a worthless treatment, surely that's a good thing?" he says.

"But the danger here is that people may rely on worthless (complementary and alternative medicine) treatments for problems that might have been effectively treated with conventional medicine in the early stages but not seek the latter until it is too late.'

In other words: Don't try curing cancer with a crystal.

The crystal fans I spoke to for this story agreed. "It's a holistic way of healing, but never to replace (medicine)," Yacht says. TORSTAR NEWS SERVICE

Early bedtimes for children keep obesity at bay

Benjamin Franklin may have been on to something when he prescribed "early to bed" for better health.

This could be especially true in the ongoing fight against childhood obesity. A recent study found that preschoolers who went to bed after 8 p.m. had a significantly higher risk of becoming obese teenagers than those with earlier bedtimes.

Led by researchers at Ohio State University, the study, published in the Journal of Pediatrics, followed 977 children from ages 4.5 to 15 years, asking their parents what time they typically were put to bed on the weekdays.

large citrine crystal is on dis-

play. "I believe that it helps,"

House says, referring to the

roughly \$1,000 crystal, known

for its 'prosperity and abundance' properties. "But I can't

scientifically prove it does any-

ling stones are rooted in an-

cient healing rituals and act

as conduits for wellness in the

mind, body and spirit, chan-

nelling positive energy to im-

prove someone's well-being,

and can be worn around your

neck, held during meditation

sessions, or placed through-

a crystal with helping her buy

a house in Toronto's fiercely

competitive real estate market.

Marta Borowski, 31, credits

Fan websites say the spark-

thing," she adds.

out a room.

Bedtimes ranged from 6:45 p.m. to 1:30 a.m., with the most common times being 8 p.m., 8:30 p.m., and 9 p.m.

The scientists also examined the children's height, weight and body mass index as teenagers.

"Pre-school-aged children with early weekday bedtimes were half as likely as those with late bedtimes to become obese as adolescents," the researchers wrote.

In fact, only 10 per cent

of the children who were put to bed by 8 p.m. were obese later, the study said. But 23 per cent of the latenighters (those who went to bed after 9 p.m.) became obese teenagers.

While it's unclear exactly how children's bedtimes affect body weight, other studies have found that a lack of sleep is linked to hormones that regulate appetite and metabolism.

Staying up late also increases opportunities to snack after dinner.

TORSTAR NEWS SERVICE



According to one study, pre-school children with early weekday bedtimes were half as likely as those with late bedtimes to become obese as adults, istock

HEALTH

C-section increases rate of obesity in children

Babies delivered via Caesarean section were 15 per cent more likely to be obese as kids, teens and young adults than were babies born vaginally, according to a report in JAMA Pediatrics. The risk associated with a C-section was even greater for babies whose mothers had no apparent medical need for the procedure. These babies were 30 per cent more likely to be obese between age 9 and 28. TORSTAR NEWS SERVICE

12 Tuesday, September 13, 2016 Health Metr@LIFE

A closer look at Clinton's health scare

EXPERT INTERVIEW:

The doc who wrote the book on pneumonia



Genna Buck Metro|Toronto

It was initially chalked up to seasonal allergies.

Hillary Clinton's hacking cough — an obsession in certain segments of the Twittersphere — is pneumonia, according to a statement from the U.S. presidential candidate's doctor.

The diagnosis was made Friday, but only revealed after a public stumble at a 9/11 memorial in New York City on Sunday.

Despite conspiracy-theorists' crowing about Parkinson's, Clinton likely has a contagious bug: Six of her staffers have reportedly come down with it too. Reactions from social-media diagnosticians have ranged from dismissive to "Tim Kaine better prove he's ready to lead."

Metro spoke to a real diagnostician, McMaster University's infectious disease specialist Lionel Mandell, who literally wrote the book (a.k.a. clinical guidelines) on pneumonia. He explained why we don't know how serious Clinton's condition is, how she likely got it, and why we can't even be sure it's pneumonia at all.

Many sources are describing this as "walking pneumonia." What does that mean?

Pneumonia just means infection of the lung tissue itself; the air sacs. Saying pneumonia is like saying "motor vehicle accident."

Could be a minor fenderbender, and at the other extreme you've got a head-on where cars are on fire and two people are dead.

Without knowing details, it seems like Clinton got community-acquired pneumonia, as opposed to hospital-acquired. In about 80 per cent of those cases, it's treated outside hospital, and the mortality rate is one to five per cent.

It's really difficult to make a pneumonia diagnosis. If you only rely on what patients tell you, plus the physical exam, you can be wrong at least a third of the time. You really need an X-ray. A lot of diagnoses are made without an X-ray, and a lot of those patients may



Democratic hopeful Hillary Clinton leaves her daughter's New York apartment, where she recovered after a medical episode during Sept. 11 memorial services. THE ASSOCIATED PRESS

have bronchitis or something.

I don't know where the hell the term "walking pneumonia" came from. But it sort of gets the idea across.

What causes this? What can be done?

The usual bugs are viruses, as well as bacteria called pneumococcus and mycoplasma. The antibiotics you

give in cases like this will cover either of those bacteria.

Who ends up in the unlucky one to five per cent who die? It's more likely to be an older person or a person with lung disease, congestive heart fail-

How long will it take an otherwise healthy 68-year-

ure, something like that.

old — like Clinton's doctor

says she is — to recover?
It really varies. But typically the symptoms would be cough, a bit of a fever, a bit of shortness of breath. Depending on how sick they are, and their underlying conditions, some people can bounce back within a week or two, but they might feel weak for a few weeks

Are you surprised someone in their 60s came down with this on the campaign trail?

The overall incidence in North America, if you're over 65, is about 20 cases per 1,000 people (per year). Someone like Clinton or Trump is definitely at risk. They're constantly mixing with people. I'm actually surprised (politicians) don't get infections more.

Could this put Clinton at risk for future problems?

Community-acquired pneumonia is not usually that big of a deal. Among people over 65 sick enough to be admitted to hospital, the risk of heart attacks goes up. Compared to older adults who are admitted to hospital for other reasons, pneumonia patients have a higher risk of death, and it extends out for one year.

Would her 2012 concussion and blood clot episode have anything to do with this?

Not if they were resolved. Somebody with a reduced level of consciousness can aspirate (inhale liquids or food) and get pneumonia. But she clearly doesn't have that. She's smart as hell.

RESEARCH

Dancers better at reading emotions

A series of scientific studies may reveal why audiences like certain dance moves more than others, and they suggest that dancers are more emotionally sensitive than the rest of us. The results may also point to a role the arts can play in empathy training.

One study isolated dance moves into very brief, silent, black-and-white video clips. With no context to go by other than the shapes of the moving bodies, participants were asked to rate their emotional response, whether they liked or disliked the moves, or found them happy or sad. Participants rated the video clips containing the rounded movements, such as the upward-curving arabesque, as significantly more positive than the clips with sharp, edgy movements. "There must be some type of universal mechanism where our perceptual system understands that roundedness is



A new study finds the arts can play a role in empathy training.

good, and edgy might be dangerous," says Julia F. Christensen, a research fellow in the Cognitive Neuroscience Research Unit at City University London, and lead author of the study Affective Responses to Dance.

In a similar study, published in the Journal of Experimental Psychology: Human Perception and Performance, the brief ballet video clips were shown to two groups of people — the dancers, and a control group of those with no dance experience. The participants wore electrodes on the tips of their fingers to detect the subtle sweat response triggered by an emotional reaction. They were also asked to rate each video clip as happy or sad. Both groups "read" the emotions of the ballet clips correctly. But the dancers had much stronger reactions to the emotional content.

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

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metr@LIFE | Movies Tuesday, September 13, 2016 13

Like watching archival footage

Australian actor Devon Terrell plays a 20-something Barack Obama in the biopic Barry.



When he was younger, he seemed like he was inarticulate because he was so intelligent

Devon Terrell

Critics rave at **Devon Terrell's** turn as a young Barack Obama

Steve Gow For Metro Canada

He may not be the President but he does play one at the Toronto International Film Festival.

With a near-perfect portrayal of a 20-something Barack Obama, Australian actor Devon Terrell is quickly finding his name at the top of many critics "one to watch" lists at TIFF.

A biopic that focuses on the brief period of time the future U.S. President spent at Columbia University in New York during the racially-charged '80s, Vikram Gandhi's period-drama Barry manages to spotlight the young talent's incredible performance — one that the Los Angeles Times claims he pulled off with "such ease and nuance that audiences may briefly flicker with the thought they're watching archival footage.

'I didn't want it to feel like an imitation," insisted the 23-yearold thespian in his native Down Under-accent at the Intercontinental Hotel.

"It was a lot of work, just working on the sounds and things be-

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cause he has some Kansas roots, he has some Hawaiian roots.'

As much as Obama's nomadic upbringing allowed the future commander-in-chief to shape a more rounded world view, it also patterned a distinct sound — one that Terrell only mastered once he began studying Obama's cadence.

"We eventually realized it was a certain (speech) pattern," said Terrell, who added another youthful flourish of "umms and awws" to the performance.

"When he was younger, he seemed like he was inarticulate because he was so intelligent and had so many ideas running through that he was (not sure) how to get it out."

What really gives Barry (named after the Anglicized moniker Obama gave himself in those years) its poignancy, of course, is that the American President's term is coming to a close.

And after eight years of leadership, Barry provides a curious bit of cinematic backstory into the ideals and events that eventually shaped the Presidential icon.

We know how the story ends," laughed Terrell, noting the film's subtle hand at drama.

"But I don't think people understand how withdrawn he'd become at one point of his life, where he really dove into what it means to be himself (and) the issues that he had is so human all of us can relate to at least one thing in there."

Upward Dog Yoga Teacher Trainings With Elizabeth Whissell & Garrett Plumly

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Manchester United says it paid 8.4 million pounds (\$11 million) in compensation to fire Louis Van Gaal and members of his coaching staff

Amputation does little to slow volleyball player

RIO2016

Oakes competes at Paralympics 13 months after losing part of leg

In the hours after the boating accident that nearly took her life, Jennifer Oakes posted a photo on Instagram.

She's standing on a rocky beach watching the sun go down. She captioned it, playfully: "Tb (throwback) to 2 legs."

The 18-year-old from Calgary is playing on Canada's sitting volleyball team at the Rio Paralympics just 13 months after her right leg was amputated below the knee.

And if some of the 781 people who liked her Instagram picture joked that it was "Too soon!" it's her "very healthy sense of humour," said her mom Kathy, that has helped her thrive in her

new reality.

"She's always been a
bit of a stubborn child, and
now that tenacity is paying off,"
Kathy Oakes said. "She's got that
tenacity, plus she's got a good
outlook and positivity about her



Jennifer Oakes passes the ball during the women's sitting volleyball team training camp. rob histop/cpc handout/the canadian press

GETTING BACK UP

Oakes hasn't given up the standing game, and was back playing club volleyball this past season using a prosthetic.

"Kind of since the beginning, I thought I would have a good sense of humour about it so people were comfortable talking with me about it, because I was open about it,"

proach, she ex-

plained, was a

way of putting

others at ease.

that's fantastic." Oakes said. "And if they wanted to ask any questions, I was there to answer them."

to answer them."
Oakes was out boating last summer with friends when they hit a wave, and Oakes, who wasn't holding on, was pitched off the front and run over. The propeller missed her head and torso by inches.

She was flown by air ambulance to Calgary's Foothills Hospital, receiving two litres

of blood en route.

Almost immediately, Oakes, a strong player at the high school, club, and provincial levels, started thinking ahead.

"We were all super worried about her and mourning for her," said her older sister Sarah. "And then within three days, she was already talking about sports and talking about what she wanted to do, and we all knew she was going to do whatever she wanted

RIOReport

Canada's women's wheelchair basketball team defeated Brazil 82-49 on Monday, improving to 3-1 at the tournament.
Pamela LeJean of Cape Breton, N.S., was fourth in the women's F53 shot put.
The Canadian men's goalball team dropped to 1-2 with a 17-13 loss to Algeria. They are currently tied for third in their pool with Algeria and Germany.

to do. I think volleyball was just what she wanted to do."

Canada's coach Nicole Ban knew of Oakes and heard about the accident, and encouraged her to come out and practise with the team.

"As soon as she sat down she was able to do all the skills from the standing game very easily," Ban said. "But it was her movement, and her realizing that she was performing these skills very well, and at a high level that really allowed her to enjoy sitting down on the ground with her new body. And also embracing the sport."

The Canadian women, who are making their first Paralympic appearance, are 0-2 after losses to host Brazil and the Netherlands. They meet Ukraine in their final preliminary round match on Tuesday. THE CANADIAN PRESS

WORLD CUP OF HOCKEY

Sweden golden on blue line

Even as one of the best defencemen in the NHL, Victor Hedman is in awe of Sweden's blue line for the World Cup of Hockey.

Hedman watches two-time Norris Trophy-winner Erik Karlsson and potential future winner Oliver Ekman-Larsson man the power play. He steps onto the ice with Tampa Bay defensive partner Anton Stralman to rekindle the same chemistry that got the Lightning to the Stanley Cup Final in 2015.

And then he sees three-time Chicago Blackhawks Cup winner Niklas Hjalmarsson blocking shots and Mattias Ekholm and Hampus Lindholm moving the puck all over the ice. Sweden's defence may be one of the best units constructed in international play.



We have excellent players that are not on the team but obviously we've got to make a cut somewhere.

Sweden coach Rickard Gronborg

"The competition there is, especially on D, it's pretty remarkable," Hedman said. "You look at the guys that didn't make it. You have that kind of talent on the back end, it makes you appreciate being here."

John Klingberg of the Dallas Stars who finished sixth in Norris Trophy voting last season, missed the cut and Sweden is already one injury replacement in after Niklas Kronwall withdrew from the World Cup, which begins Saturday in Toronto.

Sweden reached the final at the 2014 Sochi Olympics after somehow leaving Hedman and Stralman off the roster and benching Ekman-Larsson.

THE ASSOCIATED PRESS



Victor Hedman GETTY IMAGES

CFL

CFL IN BRIEF

Injured player at practice nets Redblacks \$5K fine

The Ottawa Redblacks were fined \$5,000 by the Canadian Football League on Monday for practising with a player on the sixgame injured list.

This action is a violation of CFL bylaws.

The Redblacks will also have \$6,761 deducted from their 2016 salary cap.

Neither the team nor the league have disclosed which player practised illegally.

THE CANADIAN PRESS

its presence in U.S. Spanish soccer giant Barcelona has a proposed a graph durining

FC Barcelona ups

Spanish soccer giant Barcelona has opened a second training academy in the United States.

The new academy is in Charlotte, N.C. The club founded its first American academy in Fort Lauderdale, Fla., in 2014.

The new school has programs for boys and girls from six to 12 years old and a separate program for boys aged 12 to 16.

The club says the academy's goal is to train young players in the same "creative and at-

20

The soccer club currently has 20 training schools around the world.

tacking style" its top team is known for.

Barcelona says it plans to open other schools in Ottawa, Moscow, Mumbai, and Lagos, Nigeria. THE ASSOCIATED PRESS

Losing sponsors won't stop Bronco

social injustice.

Broncos linebacker Brandon Marshall says he'll kneel again for the national anthem even though he lost a second endorsement deal for joining Colin Kaepernick's protest of

CenturyLink said Monday that the company respects Marshall's right to express his beliefs but feels the national anthem was an inappropriate venue. So, CenturyLink terminated its six-week-old deal with Marshall, who lost his endorse-

Brandon Marshall THE ASSOCIATED PRESS

ment with Air Academy Federal Credit Union on Friday. THE ASSOCIATED PRESS

RECIPE Lemon Thyme Chicken Burger



Ceri Marsh & Laura Keogh For Metro Canada

We can still eat like its summer, right? This light, juicy burger helps keep the sunny season going — at least on our plates.

Ready in 20 minutes

Prep time: 10 minutes Cook time: 10 minutes Serves 4

Ingredients

- •1 lb ground chicken • 2 Tbsp fresh thyme
- 1 Tbsp lemon zest
- •1 Tbsp lemon juice
- 1 egg, whisked
- 1/2 onion, finely minced • 1/4 cup bread crumbs
- · 2 tsp Dijon mustard
- salt and pepper
- •1 Tbsp vegetable oil
- 4 wholewheat rolls

• toppings like lettuce, tomatoes, goat cheese

Directions

- 1. In a large bowl, mix together the meat, thyme, zest, juice, egg, bread crumbs, onions, mustard and salt and pepper. Using your hands, form the mixture into 4 x ¾ inch-thick patties.
- 2. Heat up pan or barbecue. Add a drop of vegetable oil to the pan if you're cooking them on the stove. Cook the patties over medium/ high heat for about 5 minutes on each side. You want the internal temperature to reach165 and 170 Fahrenheit.
- 3. Top your buns with whatever your family likes but we highly recommend goat cheese.

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS 1. Brand of pet food, __ Kan 4. Military band's magnificence 8. Rock band, Death Cab for _ 13. Discharge 15. Bring up 16. Fragment of __ _ to Maia by poet John Keats 17. Doozy 18. It's a splash allyear-round in a mansion: 2 wds. 20. Organisms in the pond 22. In a tidy way 23. Nautical rope 24. "Ahoy, __!" 26. Opinions 30. Media personality Maria of the Kennedy Clan 34. UN agcy. for workers 35. Little wave 37. Ms. Campbell 38. Comic actor Mr. DeLuise's 40. Sparkle 41. Brand of garbage bag 42. 'E' in QED 43. Spanish Conquistador, _ Cortes (b.1485 - d.1547) 45. Nero's 1501 46. Ms. Fabray of 1975 to 1984 sitcom "One Day at a Time 48. Officially adorned as a princess 50. "Growing 52. American Hunter publisher [acronym]

13 17 19 20 25 34 38 41 42 43 16 48 56 61 82 64 85 88 67

56 Mother Teresa's new canonized title, Saint Teresa of _ 61. Arm & Hammer product: 2 wds. 63. Weaving machine 64. Spark of light

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DOWN

Albright book, Secretary: A Memoir 7. In favour 8. Profession 9. Like some intern positions 10. Horn honk! 11. British rocker Billy

6, 2003 Madeleine

14. Ice cream flavour, __ Frutti 19. Where Labrador is situated as part of Newfoundland: 3 wds. 21. Court hearing 25. Tilted 26. President Obama's VP 27. Gorge village of southwest ern Ontario 28. Arthur Miller salesman Willy 29. Near-the-stomach organ 31. Scooby-Doo! One of Shaggy's sleuthing pals 32. Circumvent 33. Made over 36. For each 39. Moving oneself forward on foot 44. Drug bust officer, briefly 47. Tarnishes 49. Actor Mr. Julia's 51. Listerine competitor 53. Venue in The Big Apple where the Talking Heads played 54. Nickname of Nova Scotia's cap. 55. Comparable 57. Suffix with 'Chick' 58. It's an amphibian 59. Ms. Spelling 60. Cole Porter's "I 62. Chris, to Peter Griffin

on "Family Guy"

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

53. 1970s folk

singer Harry

Aries March 21 - April 20 Use tact and diplomacy to avoid conflict with others at work today! Silly errors and delays at work might be part of this picture.

Taurus April 21 - May 21 Parents must be patient with their kids today; likewise, romantic partners must be patient with each other. In sports, fights and accidents are likely.

Gemini May 22 - June 21 Domestic tension on the home front is likely today, especially with a parent or an authority figure. Instead, use your feisty energy to work on home repairs and DIY projects.

Cancer June 22 - July 23 Mercury retrograde is wreaking havoc in your life, causing transportation delays and mixed-up communications. This could be the reason that you are short-tempered with others today. Chill out.

Leo July 24 - Aug. 23 Arguments about money and possessions are likely today. Don't throw your weight around. Remember that you can catch more flies with honey than vinegar.

Virgo Aug. 24 - Sept. 23 Today the Sun is in your sign at odds with fiery Mars. This makes you aggressive, quick to bark and quick to anger. Your best friend will be your own patience. Remember this.

Libra Sept. 24 - Oct. 23 Something going on behind the scenes might bother you today. Because you feel generally disgruntled, you will be impatient with others. Do your best to stay calm.

Scorpio Oct. 24 - Nov. 22 A fight with a friend or a member of a group might break out today, especially about money, funding or a particular possession. You gain nothing by fighting with anyone, right?

Sagittarius Nov. 23 - Dec. 21 An authority figure might get your goat today. If so, do not sound off, because this could cost you in the long run. Instead, go out for a jog or a bike ride. You love the outdoors!

Capricorn Dec. 22 - Jan. 20 Avoid controversial subjects like politics, religion and racial issues today, because they quickly will disintegrate into arguments. Ego conflicts are taking place everywhere!

Aquarius Jan. 21 - Feb. 19 Disputes about inheritances and shared property are likely today. Don't get involved, because this will resolve nothing. Stay frosty.

)—(Pisces

Feb. 20 - March 20 An argument with your partner or close friend might break out today because of sheer impatience and frustration. But what will this gain? It won't improve anything.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

12. Conger-like

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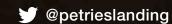
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